

**LIMERICK MASTERS SC**

**IRISH OPEN LONG COURSE  
MASTERS CHAMPIONSHIPS**

**2<sup>nd</sup> & 3<sup>rd</sup> March 2012**

The University Arena  
University of Limerick

Dear Masters Swimmers,

Limerick Masters SC are proud to announce that the Irish Open Long Course Masters Championships 2012 will be held at the University Arena 50m Swimming Pool, on Friday the 2<sup>nd</sup> and Saturday the 3<sup>rd</sup> March 2012.

Again this year we are offering as full a programme of events as possible with the 1500M on the Friday evening, followed by a full days swimming on the Saturday.

The closing date for the receipt of all entries is Friday the 3<sup>rd</sup> February 2012.

The Gala Dinner & Disco will take place on the Saturday evening at the Strand Hotel, Limerick.

<http://www.strandhotellimerick.ie/>

We hope to be able to offer all competitors the events they wish to enter but due to time constraints and entry numbers, we may have to limit the number of competitors and heats in some events.

I look forward to welcoming you all back to Limerick City for this the premier Masters Swimming event in 2012.

Mairead Coughlan  
Chairman, Limerick Masters SC  
8<sup>th</sup> January 2012

**CLOSING DEADLINE**

**Friday 3<sup>rd</sup> February 2012**



## SCHEDULE OF EVENTS

Session 1: Friday 2<sup>nd</sup> March 8:00pm

1. Mixed 1500m Freestyle.

Session 2: Saturday 3<sup>rd</sup> March 9:00am

2. Mixed 400m Freestyle
3. Mixed 50m Backstroke
4. Mixed 200m Individual Medley
5. Mixed 50m Butterfly
6. Mixed 200m Freestyle
7. Mixed 100m Butterfly
8. Mixed 100m Breaststroke
9. Mixed 4\*50m Medley Relays
10. Men's 4\*50m Medley Relays
11. Women's 4\*50m Medley Relays
12. Mixed 800m Freestyle

Session 3: Saturday 3<sup>rd</sup> March 2:00pm

13. Mixed 100m Freestyle
14. Mixed 200m Backstroke
15. Mixed 50m Breaststroke
16. Mixed 200m Butterfly
17. Mixed 100m Backstroke
18. Mixed 200m Breaststroke
19. Mixed 50m Freestyle
20. Mixed 4\*50m Freestyle Relays
21. Men's 4\*50m Freestyle Relays
22. Women's 4\*50m Freestyle Relays
23. Mixed Cannon Team Event

## ENTRIES

Completed entry forms and payment, together with any queries should be addressed to:

Gala Organiser

Limerick Masters SC

#1 Aisling Court, Brickhill West, Cratloe, Co Clare.

Tel No: 061-357514 (after 6pm)

Mobile No: 086-8047764

Email: [galaorganiser@limerickmasters.com](mailto:galaorganiser@limerickmasters.com)

## EVENT CONDITIONS

### **General Conditions**

1. FINA and Swim Ireland Masters rules apply to all age groups.
2. This gala is open to any swimmer who is 19 years or over on the date of the competition, and is licensed with Swim Ireland or FINA affiliate.
3. Competitors may compete in as many individual events.
4. Competitors may only compete once in each of the team events listed.

### **Ages**

5. Age as of the 31st of December 2012 determines your age group for this meet.
6. The age groups for men and women individual Masters events shall be UA=(19-24), A=(25-29), B=(30-34), C=(35-39), D=(40-44), E=(45-49), F=(50-54), G=(55-59), H=(60-64), I=(65-69), J=(70-74), K=(75-79), L=(80-84), M=(85-89), N=(90-94), O=95+
7. All team members in relay events must be 25 years of age in the year of the competition.
8. The age group categories offered for each relay event will be 100-119, 120-159, 160-119, 200-239, 240-279, 280-319 and in 40-year increments as high as necessary.
9. The combined age of the team, in the year of the competition must fall within the age bands detailed in 8.

### **Individual Events**

10. All events will be run as mixed individual events.
11. All events will be conducted on a timed final basis.
12. All individual events are heat declared winner in age and gender classification.
13. Individual competitors will be seeded according to their entry time and will compete against those with similar times.
14. Where no entry times (NT) have been submitted, swimmers will be placed in the first heat of the particular event.

and conduct themselves with safety in mind at all times.

## Team Events

15. Mixed teams shall consist of two competitors of each sex swimming in any order.
16. All team events are heat declared winner in age classification.
17. A swimmer entered in the name of one club in the individual events may not compete in the name of another club in the team event.
18. The names of swimmers in relay teams and the order of swimming must be reported to the Relay Coordinator one hour in advance of the event.

## Registration

19. All competitors must be a member of Swim Ireland or equivalent prior to the day of the competition.

## Entries

20. All entries must be received by the Gala Organiser by the gala published closing date.
21. Late, incomplete, incorrect or unsigned entries will not be accepted.
22. Entries cannot be accepted without accompanying cheque or postal order and must be made payable to Limerick Masters SC.
23. Entry confirmations will not be sent out.
24. The Gala Organiser reserves the right to accept late entries.

## Competitors with a Disability

25. A competitor who has a permanent disability shall not be disqualified in a case where his disability prevents him from complying with the rules of a particular stroke, provided that the disability has been notified to the gala referee by the competitor or his representative before the event takes place.
26. Notification shall be by a medical certificate issued by Swim Ireland approved Medical Officer.

## Safety

27. All competitors are required to ensure that they observe all safety announcements

## Awards

28. Medals shall be awarded to the first three placed swimmers and teams in each event in each age group.
29. The Limerick 1500 Trophy will be awarded to the 1500m Freestyle competitor who achieves the closest time to a world record time in his or her age category.
30. The Limerick 50 Trophy will be awarded to the 50m competitor who achieves the closest time to a world record time in his or her age category.
31. Awards to The Best Overseas Women Competitor, Best Overseas Man Competitor, Best Irish Women Competitor, Best Irish Man Competitor will be based on the cumulative points scored throughout the gala.
32. The Best Team Award will be awarded to the winners of the Mixed Cannon Team event. This event is limited to 10 Teams. Entry details will be announced on the day of the gala.

## Special Arrangements

33. Qualifying Times: Age and gender based qualifying times may need to be applied in the 400M, 800M and 1500M Free Style events. Qualifying times will be posted on the Limerick Masters web site.
34. All competitors in the 1500m will receive confirmation of their entry three days prior to the event.
35. All competitors in the 1500m Freestyle event must register with the gala organiser on the pool deck on or before 7pm on the evening of the event.
36. For the 1500m Freestyle event, the Gala Organiser reserves the right to hold a list of possible late entries and should competitors not register before the deadline, the gala organiser reserves the right to deck seed the event and slot in the swimmers from the late entry list.
37. The gala organiser reserves the right to run the 1500m event in the order of fastest to slowest heats.
38. 800m & 400m Deck Seeding: The gala organiser reserves the right deck seed these events.

39. A detailed gala program will be available at [www.limerickmasters.com](http://www.limerickmasters.com) two days in advance of the Championships.

direct from a range of European destinations and world wide through the hub of London Heathrow. See Shannon International Airport for a full list of flights to and from Shannon.

## EVENT INFORMATION

### Venue



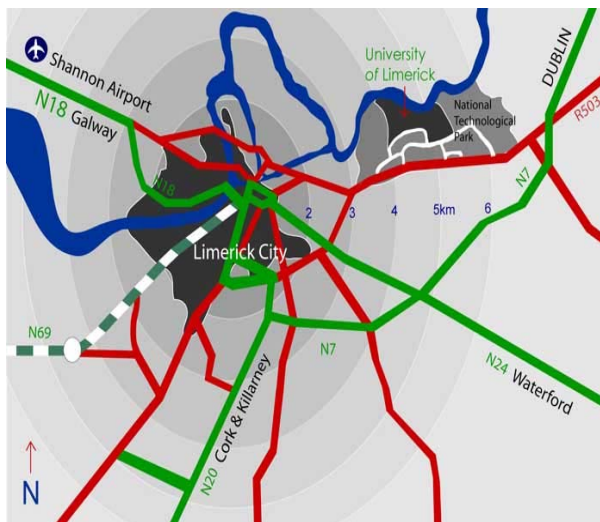
University Arena

National 50m Pool

University of Limerick

Tel No: +353-(0)61-213519

### Directions



### Transportation

#### Travelling by Air

Shannon International Airport is only 25km from the university campus making Limerick accessible

#### Travelling by Sea

Ferry services operate from the UK and France and regular coach and train services operate from Dublin and Cork to Limerick daily.

#### Travelling by Bus

Bus Eireann provide connections to and from all Ireland's major cities, including Limerick. Telephone +353 (0)61 313333 for more information.

JJ Kavanagh & Sons provides a service between Shannon Airport and 3 stops in Limerick: Arthurs Quay in the City Centre, outside the main gate of the university (Flagpoles of UL) Tel:+353 (0)56 8831106 [www.jjkavanagh.ie](http://www.jjkavanagh.ie)

Ireland's leading luxury national bus and coach operator, Dublin Coach, has announced the creation of its new intercity bus route from Dublin to Limerick. For further information on departure times please see [www.dublincoach.ie](http://www.dublincoach.ie)

#### Travelling by Car

If you decide to rent a car from the airport the best route to get to Limerick by road can be found by logging onto this route planner.

<http://www2.aaireland.ie/>

#### Hotels

View a full list of Limerick hotels at booking.com

<http://www.booking.com/>

The Strand Hotel is offering a special discount to swimmers attending this event. Book early.

€95single B&B and €105 double B&B.

<http://www.strandhotellimerick.ie/>

#### Things to do in Limerick

Check the following links.....

<http://www.limerick.ie/>

<http://www.discoverireland.com/us/ireland-places-to-go/areas-and-cities/limerick-city/>